



FH INTERNATIONAL
HIGH SCHOOL



SCHOOL GUIDE



WELCOME MESSAGE

“

Welcome to FH International High School, where the standard of being extraordinary builds a solid foundation for you to access post-secondary education into top Universities around the world.

Here at FH, through customized academic study plans for each of you and through soft skills building we are able to provide open spaces and encourage all of you to discover your talents and gifts. Let's develop skills and build knowledge that will help you achieve your dream education and future career.

Enjoy being with us to grow and to become extraordinary future leaders.

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QUICK FACTS

FH International High School



25.000 sqf campus

Located in central area of Toronto

Accredited Canadian Private High School

Ontario High School Curriculum from grade 9 to 12



VISION

To equip and empower our students with skills and knowledge of Active Learning, Independent Thinking and Perceiving Joyfulness throughout their lives.



MISSION

Embedding joyfulness in developing students' excellence in academic and soft skills, unique personalities, well-being and integration into the diverse Canadian society.



VALUES

Active Learning

Active learning promotes recall and a deeper understanding of materials leading students to engage with the content rather than simply listening. Active minds open doors to opportunities.



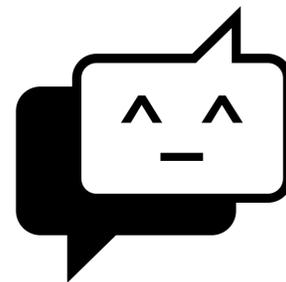
Independent Thinking

Independent thinking is a valuable tool to enhance personal expression and creativity. It enables students to increase performance and efficiency to reach a higher level of awareness.



Perceiving Joyfulness

Being able to perceive joyfulness allows students to ease their stress by having the best mood and creating free space to achieve their academic goals and personal development, and enjoying what they do.



LEADERSHIP THROUGH CARE

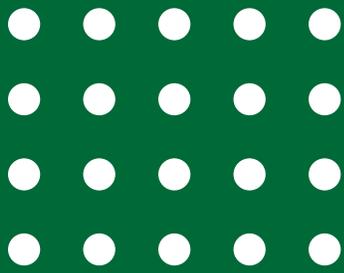
- 1 to 1 student coordinator
- Personal Study Plans
- University Application Assistance
- IELTS/OSSLT preparation
- Leadership training
- Social Integration



HIGH QUALITY EDUCATION

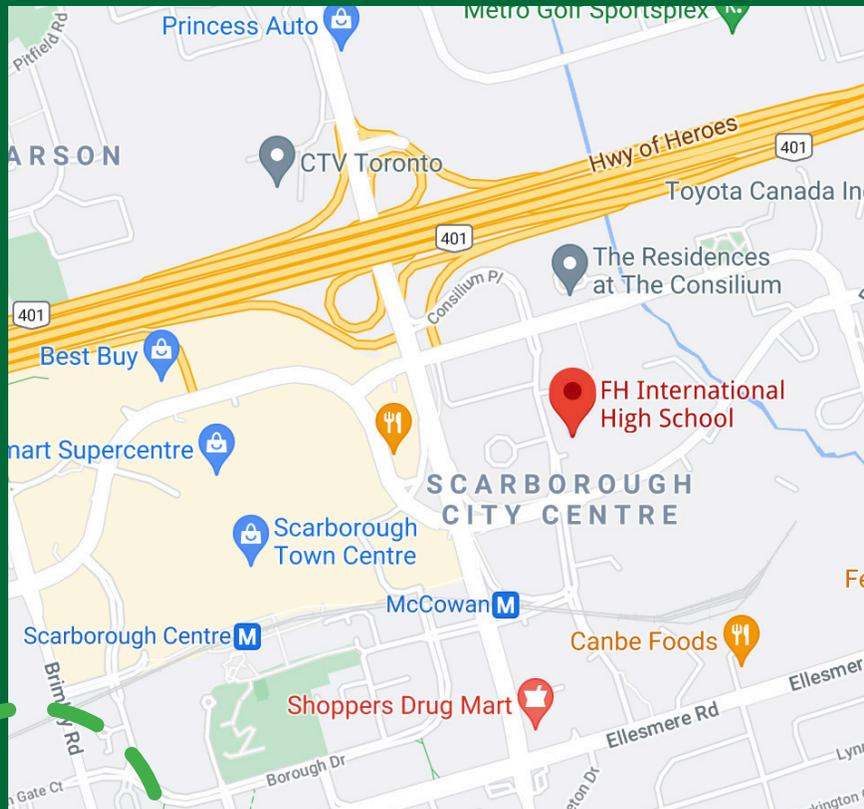
- 100% Top University Offers
- Teacher-student Ratio 1:5
- Small Classroom Size (Less than 10)
- Rich Extracurricular Activities
- Student-oriented Service
- Soft Skills Building





FACILITY AND LOCATION

25,000 sq. ft. campus in a safe neighborhood in the central area of Toronto, near by public libraries, big shopping malls and ethnic restaurants, connected by direct bus and subway to the downtown core, the University of Toronto, and the beautiful Lake Ontario.



With modern classrooms, indoor gym, library, arts and music room, computer & social media center, student lounge and cafeteria, we provide a welcoming environment for our students to enjoy their daily schooling.

FH ONLINE SCHOOL



Accredited and inspected by the Ontario Ministry of Education, FH International High School Online offers Ontario high school curriculum from grade 9 to grade 12 through a virtual platform with the very best standards and ethical practices in the field of online education.

- Year-round enrollment.
- Online tutoring service.
- Synchronized with onsite course.
- Experienced teachers contribute to high-quality teaching and learning.
- International students can get Canadian credits without coming to Canada.
- Improve students' English Level with North American curriculum.
- Preview and review at anytime, anywhere. Learning flexibility.



DIVERSITY AND INTEGRATION

Our students from all around the world find a home at the diverse FH Campus. Our focus on social integration connects the students from different ethnic backgrounds with the multicultural society.



APPROACH

Progressive Education

We value the experience more than formal learning. We guide and motivate our students to become academically strong, critical thinkers who are capable of exercising rationality. Our role here is to teach them how to think and question rather than memorization. Through projects and workshops, our students gain the ability to work independently and become individuals who are prepared for post-secondary education and their careers. Through progressive education, we enable our students to become confident and higher EQ individuals with great interpersonal skills.

Practice-oriented Academic Culture

The FH academic culture is based on a practice-oriented education system. While challenging students to get the highest quality of education, we are focusing on understanding them. We encourage students to have the required knowledge and voice out their opinion during discussions. Our goal is to help students become independent, successful and happy individuals in the future.





Student-paced Education

FH teachers follow a non-standardized program pace to meet the needs of each student in the classroom. Having students from different educational backgrounds and English levels, our teachers design customized study plans for each student to help them achieve their education goals and provide regular guided independent study opportunities for each student. While some of our students might have 1 on 1 private IELTS courses, other students might be given differentiated instruction and assessments depending on their own pace.

Quadmester

FH follows a quadmester system that divides the academic year into four sessions. The first period runs from September until November, the second from November to March, the third period is from March to May and the fourth from May until June. The quadmester system allows our students to take fewer courses in a session and focus on the courses they are enrolled in. It also allows our international students to start at 4 different times in a year.

GETTING READY FOR THE FUTURE

College and University Preparation Program



At FH, all students are guided in their education planning through our counseling and guidance office. To ensure students' success, our dedicated staff and faculty support and assist the students with the university application process throughout their time at FH, with the goal of admission into a post-secondary institution. Students have access to university and college calendars, career information, and career planning sessions where they can learn about how to apply to OUAC and other universities and colleges.

As a result of the dedication of our staff and students, the graduates of FH have been accepted to top-ranking universities and colleges all around the world. Some of the Canadian university acceptances include the University of Toronto, the University of Waterloo, the McMaster University, the University of British Columbia, the University of Alberta, the University of Calgary, the University of Montreal, York University, Queen's University, Ryerson University.

ESL, IELTS, TOEFL Preparation Program

FH provides an ESL Program for students who need to improve their English for both academic and professional purposes. The program includes different levels of courses (from ESLAO to ESLEO) as part of the Ontario Secondary Curriculum. It incorporates academic English as well as comprehensive training in core language skills including listening, speaking, reading and writing. We have teachers with experience in developing a variety of teaching strategies to help students achieve their goals academically and bring responsibility and enthusiasm to the classroom. The ESL courses are arranged and designed to meet every student's needs, and also to ensure sound learning opportunities for all of them.

IELTS: The International English Language Testing System (IELTS) is the preferred high stakes English language test in Canada. It tests students' four key English language skills: listening, reading, writing and speaking. FH offers students IELTS preparation courses to help students interpret academic texts, improve their listening abilities, write essays on various topics and speak English confidently and fluently.

TOEFL: The TOEFL test is one of the most widely respected English language tests in the world, recognized by more than 10,000 colleges, universities and agencies in more than 130 countries. FH provides TOEFL preparation courses for students to help them with all the skills they need to achieve the desired score.



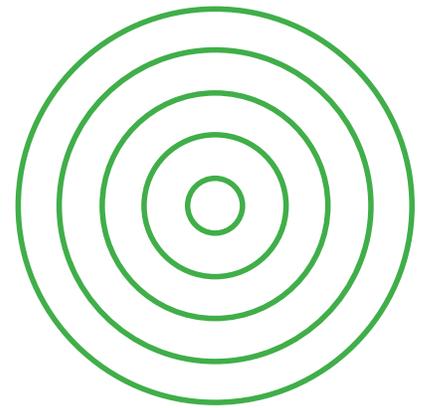


Summer and Winter Camps

Summer and Winter camps provide students an opportunity to improve their English in a practical way, to learn about Canada, Canadian education and culture while enjoying tourist attractions. By staying with Canadian families, the students learn about Canadian culture first-hand and greatly improve their English through classes and real scenarios.

The campers receive a **Certificate of Completion of ESL** at the end of the camp.

Language programs during the camps are designed to present the students a great opportunity to achieve their English goals not only in classes but also through a personal connection with native English speakers, immersion into real scenarios of English learning environments while learning about Canadians and Canadian culture.





Guidance and Career Education Program

FH has developed and implemented a guidance and career education program.

Student Development

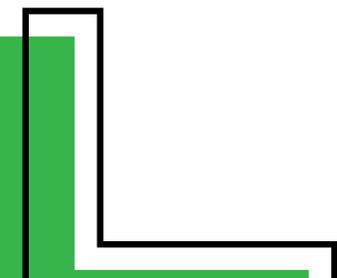
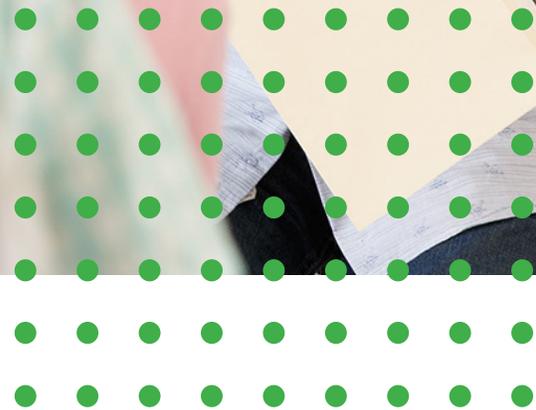
The development of habits and skills for learning and excellence.

Interpersonal Development

The development of the knowledge and skills for soft skills, leadership and future life.

Career Development

The development of the knowledge and skills for realizing their gifts and potential to set goals for the future, especially for post-secondary education through workshops, seminars and internships.



APPLICATION PROCESS

In order to apply to FH High School and obtain Ontario Secondary School credits, students should follow these easy steps below. During the enrollment and learning process, our faculty and staff actively assist each student and make sure they get the most of their education.

Step 1

Fill in FH International High School Online Application Form and submit students transcript and ID.





Step 2

Pay tuition fees through wireless transfer (please contact us for more information).
Onsite students can prepare their study permit documents.

Step 3

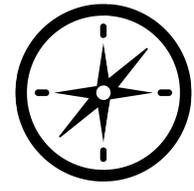
Complete the English assessment test to determine English proficiency level.

Step 4

Student now will be assigned an Ontario Education Number (OEN) with the Ministry of Education.

Step 5

Students will enroll in their courses for the academic year.



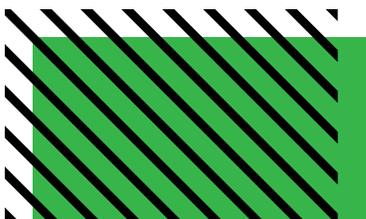
Orientation

We are aware of the fact that studying abroad is a great adventure that helps students widen their horizons, learn new skills and grow in so many ways. Yet, we know it is also a great challenge and that many students and families may feel worried or overwhelmed by this new life ahead.

Therefore, the FH Orientation program offers great support to our students and parents to help them cope with culture shock, adapt to a new school and a new education system, deal with homesickness, make friends or avoid being lost in translation.

The Orientation Day is the week before school starts. Students are informed in advance about the documents they are supposed to bring to school that day. After completing the document checklist, signing the school policy and contracts, students are given their Student Card, gym waiver and uniforms.

Our Orientation Day enables the students to meet the faculty, staff and classmates, get to know the school and the neighborhood through fun activities during the day. We finish off with a welcome dinner with all the staff and the students.



ACCOMMODATION



Homestay



At FH, we believe social integration is key to overall success for our students. Therefore, our homestay program is designed to promote self-confidence and cultural integration within the community. While living with Canadian families, our students learn about Canadian culture, improve their English skills and experience a smoother adaptation process.



Homestay Family Selection Process

Students fill out a homestay application form at least one month before arrival. According to our students' preferences, we match them with homestay families.

Homestay families are selected after multiple interviews and home visits. We make sure the living conditions meet the standards of FH and of our students.

If the students are not satisfied with their homestay within the first month of their stay and have a valid reason, we match them with another homestay family.

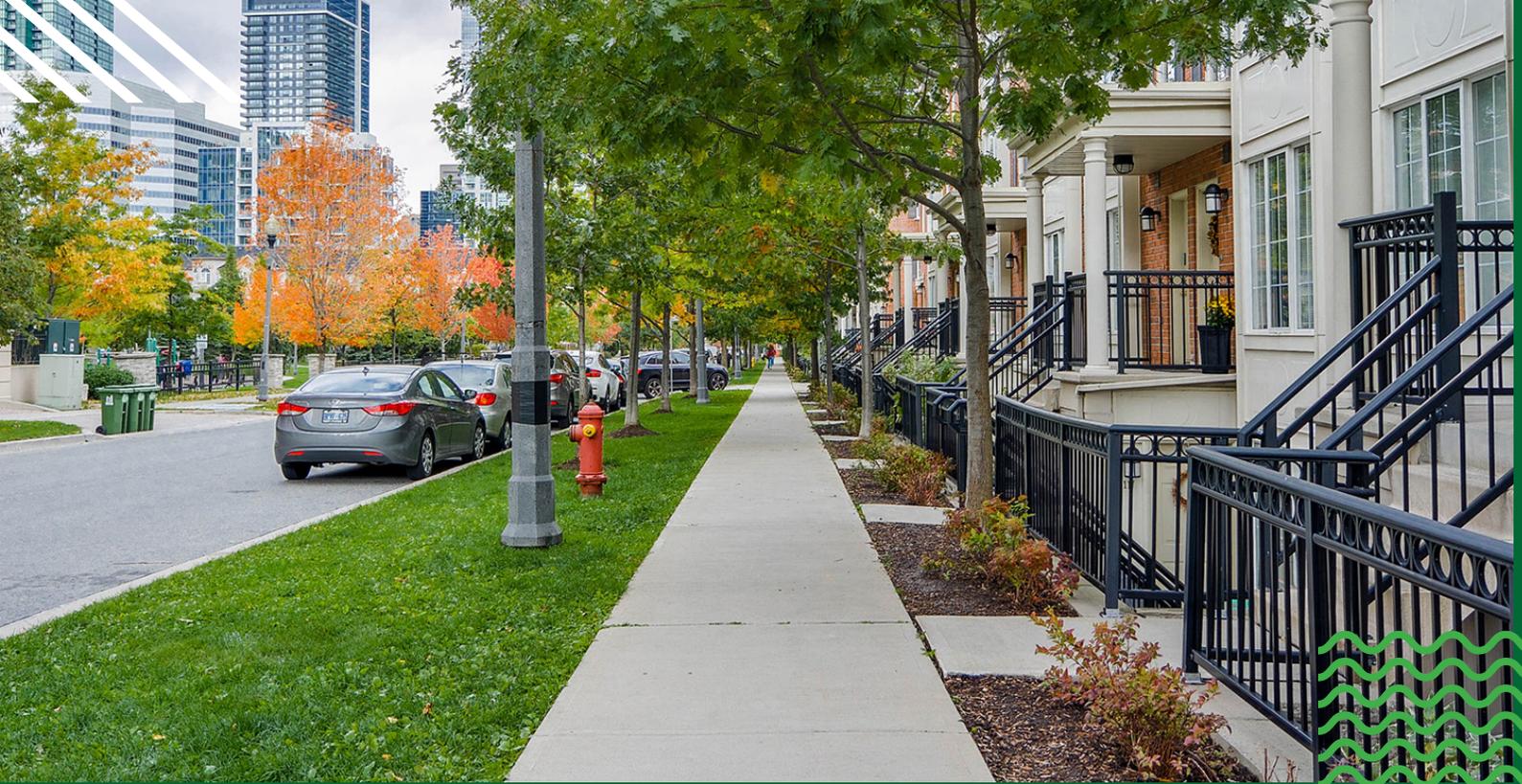
Accommodation

Each student has a fully furnished private bedroom. Students also are given the option of shared rooms or private washrooms depending on the availability and budget.

Location and Transportation

Most of our homestay families are located within a 30 to 45-minute bus ride to school. Students may also require drop-off and pick-up from their homestay families depending on availability.





Meals

Breakfast, lunch and dinner are provided by the homestay families. Breakfast and lunch packs can be prepared by the students. If the student has any dietary restrictions or allergies, they must inform the school and the homestay families in advance.



Arrival

Students are required to inform the school and their homestay families about arrival times to make sure homestay families and their rooms are ready. Students are also required to provide their flight information as soon as they purchase their flight tickets.



Homestay Rules

Each homestay family may have their own house rules. We encourage all of our students to discuss these rules within the first week of arrival. It is also significantly important to talk to the homestay families regarding any concerns or questions. Remember, positive attitude and communication are the key to a pleasant homestay experience.



Custodianship ✨

International students who are younger than 18 are required to have a Canadian custodian by Canadian law unless they move with at least one of their legal guardians.

For more information, you can visit www.canada.ca or contact us at info@fhhighschool.ca.



STUDY PERMIT

Obtaining a Study Permit

The study permit is a document issued by the Government of Canada that allows international students to study at Canadian schools. Most foreign nationals need a study permit to study in Canada. You can get more information at Canada's official website: www.canada.ca. Alternatively, you can send us an e-mail at info@fhhighschool.ca.



EXTRA-CURRICULUM

FH Future Scientists Club

Future Scientists Club members actively come up with new science projects, discuss new scientific researches, attend science fair projects, visit local science labs in Toronto and invite scientists to discuss their profession.



FH Entrepreneur Club

Every great achievement begins with a dream, but very often we fail to inspire young people to make big dreams, to follow their passions and to realize their full potential. This club inspires and supports students to plan and set up real, sustainable businesses; it also connects students to participate in Canadian businesses. Students get the chance to gain hands-on experience of a real business and may generate profits to help support their school or a social cause of their choice.

FH Basketball Club

Basketball club members receive basic instruction and encouragement to develop their game in a fun environment. The objective is to enhance skills in basketball such as dribbling, passing and shooting. More importantly, the students realize the importance of teamwork and develop the concept of fair play through active participation in mini-tournaments.



FH Tennis Club

In this club, students learn creative table tennis-specific movements and new skills to improve their hand-eye coordination and BRAIN activity. Through this club, students can strengthen their hearts and lungs and engage their brains at a high level. Ping Pong is not only a physical sport but also a BRAIN sport.

FH Music Club

You can explore genres of music in our music space. For example, you may learn how music is made, and how to play the most beautiful melody. This friendly music space gives students the opportunity to break down the inner mechanisms of all different types of music. In addition, we have a variety of instruments, such as guitars, a drum set, a piano, ukuleles, etc. You will definitely find an instrument that pleases you.

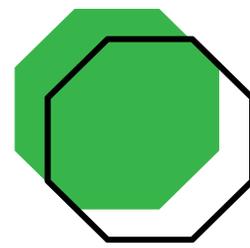
FH Badminton Club

The goal is to develop the skills and attitude necessary to participate in badminton activities in order to enhance overall wellness. Emphasis is on the opportunity for increased physical and leisure activities.

FH Art Club

Aristotle said that “The aim of art is to represent not the outward appearance of things, but their inward significance.” Our art space is designed for students who want to explore a variety of art and design disciplines, to develop their portfolio for further study, or for those who wish to enjoy learning creative skills in a fun-filled environment.



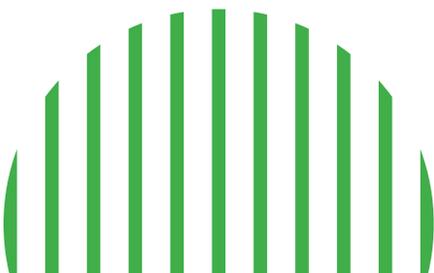


FH Student Federation

FH Student Federation is a student body to support students' participation in the decision-making mechanism during their education, taking an active role in their community through leadership and social integration.

Students are encouraged to participate in the student federation. Each term, member students participate in various committees, choose a president, vice-president, secretary and treasurer.

The student federation holds regular meetings with the students and the school principal, teachers and staff to improve their experience and meet the requests of the student body. Through fundraising projects, events and activities, they make FH a more pleasant and fun place to study. Students are able to reinforce self-confidence, teamwork, social integration and leadership skills through projects such as school movie nights at the gym, poster and T-shirt decorating contests, mentoring programs and volunteering.



TESTIMONIALS



Murat

FH High School was a great adventure for me. I had many experiences when I came to FH. Very good school, great facilities for all types of students. Teachers and staff love to help. Highly professional staff with high standards. The school has a beautiful art room and gym. The area where the school is located is very quiet and safe. Also, the school's online lessons are very useful.

I am Sadnan studying in grade 11 at FH. I finished my Civics course and started Career Studies. Even I was hesitating if I should take this course, but after 2-3 classes, I realized this is a very important course for me because it gives me a chance to think about myself for what I will do in my future. This is a milestone in my life.



Sadnan



Mehak

It is really a privilege studying at FH, the small classrooms help me understand each subject more thoroughly and help me build a close relationship with my classmates and teachers. FH has a very family-like and comfortable environment. Everyone is easy to talk to and they do everything to help me.

I am Lucy, now I am studying in the Rotman Commerce Program at the University of Toronto. I used to be a student of FH. I feel that I have grown a lot in my high school life from a student who was overwhelmed in grade 9 to a mature and confident student in grade 12. My learning strategy is never procrastinating, as long as you devote enough effort, you will be rewarded!



Lucy



Urvashi

My name is Urvashi Sharma, a grade 10 student here at FH. I love studying at FH not only because the teachers and staff are very caring and interested in each student's well-being, but also they make sure every class is interactive and fun with learning. FH offers me a lot, I like spending time at the student lounge or doing sports at the gym.

I miss FH, the school like a big family with many unforgettable memories. My personal success advice is to develop a plan. You need to make a plan for your future university choices and the program that you want to study. Secondly you need to study hard, then you won't have regrets in the future.



Kayla

Social Engagement

Giving back and helping others is a great satisfaction. At FH, each student knows the importance of improving their people skills and making a difference within their community. Through volunteering opportunities, our students earn community engagement credit and different social skills, such as self-confidence while meeting new people as well as awareness of local organizations and current social issues.

While participating in various organizations' causes, our students learn to commit to a volunteer position and gain new skills through training. These opportunities not only help students become responsible, mature individuals with confidence but also give them credit and competitive advantage towards admissions to the best post-secondary educational institutions.





FH Study Room



FH Music Club



FH Gym





LEADERSHIP THROUGH CARE



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